



# Sissinghurst VA Church of England Primary School

*Let your light shine*

Courage, Forgiveness, Service, Kindness

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## SEN update November 2025

Kent Adult Education (KAE) offers free training and webinars for parents and carers. These are available to families whether or not your child has a diagnosis.

Available courses:

- Supporting ADHD in the Home – helps parents understand ADHD and learn practical strategies  
<https://www.kentadulthoodeducation.co.uk/courses/supporting-adhd-in-the-home-onl151039qpf/>
- Strategies to Support Your ADHD Child – short webinar with practical tips  
<https://www.kentadulthoodeducation.co.uk/course-areas/health-wellbeing-and-personal-development/family-learning/parenting/>
- Autism Awareness – understanding autism, sensory needs and communication  
<https://www.kentadulthoodeducation.co.uk/courses/autism-awareness-onl151046qpf/>
- Confident Parent, Confident Child – builds confidence in parenting and communication  
<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>
- Exploring Behaviour Strategies – understanding behaviour and positive strategies  
<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>
- Managing Children's Behaviour – practical help with routines, boundaries and behaviour  
<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>
- Supporting Families with ADHD Teens – support for managing ADHD in older children  
<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>
- Understanding Your Teenager – helps parents understand teenage emotions and behaviour  
<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>
- Stepping Up Into Primary – help with school readiness and transitions  
<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>

- Let's Talk About Bullying – support for social skills, confidence and friendships

<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>

Extra important note for families:

Right to Choose – lots of families are using this pathway to access ADHD and autism assessments and support. You can speak to your GP or SENCO for more information about Right to Choose.

These courses also help with:

- Setting healthy boundaries
- School readiness
- Sensory needs
- Bedwetting and sleep routines
- Building confidence and wellbeing

To see all courses visit:

<https://www.kentadulthoodeducation.co.uk>

<https://www.kent.gov.uk/leisure-and-community/adult-education/training-courses-for-send-parents-and-carers>

Thank you

Mrs. Wolfe