

# Newsletter Issue 5



**Newsletter Issue 5**

**6th November 2025**





## Headteacher's News

Rev Pete – Last term we said goodbye and good luck to Rev Pete and his family as they move to a new parish. Thankyou for your kind donations towards his leaving gifts. He loved his candles and candle holders, the same as ours in school so we can think of each other when lighting them, his 'let your light shine' journal and a voucher so he can choose something for his new home.

We may not have a new vicar for a while, but rest assured the many volunteers in the church, wardens, helpers and those stepping up to cover his absence are working with us so things continue with school and church links. Our first service that you are all welcome to attend is for Remembrance Sunday and is at 10.50am on Sunday 9 November at Trinity Church Sissinghurst. We look forward to you joining us there.

### Curriculum Enhancement

Our curriculum is taught as separate subjects and offers many opportunities for children to be successful in the 21st century. You can see our curriculum intent

here <https://www.sissinghurst.kent.sch.uk/page/?title=Curriculum+and+Class+information&pid=44> along with how we implement this and measure the impact of learning in all subjects. It is vital that children learn skills and have the knowledge they need to become successful adults of the future. We are always considering what the future might look like and what skills children may need for their futures. With the fast moving developments, particularly in technology and science it can feel difficult to keep up but we ensure we use research to guide our decisions and principles and are continually developing and enhancing our curriculum offer so it strengthens as it embeds at Sissinghurst so we can offer the very best to all our children.

Anti-Bullying Week – next week 10-14 November 2025

We would like to thank you all for helping mark the beginning of Anti-bullying awareness week by dressing your children in odd socks. This is a fun way to highlight the importance of showing kindness and saying NO to bullying and that we celebrate differences between us and how these differences make the human race so interesting. Throughout the week, all children will learn about kindness, respect and forgiveness. Through assemblies and class discussions, the children will learn 'What is bullying?' They will explore the different forms of bullying and how to deal with bullying. Once establishing what bullying is, we focus our teaching on KINDNESS (one of our school values) and help the children explore the effects that the smallest kind act may have on another.

Please reinforce these important messages at home too!

# Top tips for KINDNESS

Do things for people! Not because of who they are or what they do in return, but because of who you are.

Choosing kindness doesn't cost a thing but can help someone enormously.

Showing manners, politeness and kindness cost nothing.

Every new day we are faced with choices Do you choose # KINDNESS?

Saying or doing a kind act can bring a smile to someone's face!

Remember you never know what someone else is going through in their life.

Acts of kindness will never come back to hurt you and will never be wasted on someone.

Being mean, even if you think it's harmless, can hurt someone else very deeply; think twice about what you say and do.

Acts of kindness are good for you as they release Oxytocin.

“Unexpected kindness is the most powerful, least costly, and most underrated agent of human change.”- Bob Kerrey

We have welcomed a number of visitors to Sissinghurst again in the last few weeks – our new school improvement adviser, governors, staff from other schools to look at our curriculum offer, parents considering our school for their child, our Opal play and lunchtimes too. All visitors, including a number of prospective parents have been so impressed by the children, our offer at Sissinghurst and of course the amazing learning going on in every classroom and over every part of the school day. We are very proud and continue to work tirelessly so the children get the best primary school experience that they can.

We end next week with absolute service by giving to Children in Need, where we welcome students from Homewood again too for the much enjoyed Dance Dash!

It has been the most lovely few weeks in school where we focused on all that is important to us at Sissinghurst – our vision to shine brightly and help others who are facing dark or difficult times and to show our values in all we say and do.

Have a wonderful weekend when it gets here

Sarah Holman

## **Thank you - Opal donations**

From parents and Foss for spare waterproofs and wellingtons.

A real big thankyou to FoSS for donating 40 pairs of waterproofs costing £200. Fantastic so every child can join in our wonderfully wintery Opal play too!



## School Trips and visits

We have a very clear policy for educational visits which enhance our curriculum offer and of course children love visiting new and exciting places. All trips do need to be paid for. Our policy states that if we do not receive enough voluntary contributions then trips may not go ahead and be cancelled. Although this is a real shame, we only have a small budget set aside to top up donations. Thankyou to the many parents who regularly overpay to ensure these things can go ahead. You are very kind, generous and this is service at its highest level – thankyou all.



## Reminders

### Snacks

A reminder that if children bring snacks into school for their break they must be healthy snacks like fruit or vegetables, raisins, cereal bars (nut free) or plain biscuits. Please do not send chocolate biscuits, bars of chocolate, crisps or Pepperamis in please.



### Coats etc. for cold weather

Please make sure that your child is suitably attired for school now the weather has turned colder. They do need a coat for lunch times as they will, of course, normally be outside for a period of time so they can play and have fun in the fresh air. We are sure you will support us in trying to encourage them to adopt healthy lifestyles now and for the future.



[Click here for dates](#)

## Rawlinson Run Report

The Rawlinson run, held at Dulwich Prep School, took place on the last day of term, Friday 17th October. We took 22 excited runners to this event. From year 2 to year 4. Starting with the year 2 girls race, then year 2 boys race of 800m. Next to run was our year 3 girls, then year 3 boys, following races being, year 4 girls, then year 4 boys, all running 1100m. Our runners were:

Year 2: Daphine H, Amelia P, Joe W, Sam B, Eli H, William C, Jack G.

Year 3: Madeline G, Juniper T, Max W, Maximus W-P, Vinnie A, Rafe C.

Year 4: Edith H, Elena G, Blessie B, Miley-Mae B, Olivia O, Willa G, Hugo G, Magnus N, Karter P.

This is an annual event held at Dulwich Prep School, starting 20 years ago by Sir Henry Rawlinson, inviting local schools to get children together, be active and have fun! It was a fantastic afternoon with Sam B finishing in 3rd position in the boy's year 2 race! Winning a

medal. Close behind was Joe W! All our runners were amazing. Madeline G finishing 5th and would like to beat her position next year, still a great position! Children that have run in the previous year in the Rawlinson Run were excited by beating their position from last year. Most importantly they all were active and had fun!

So proud of our Sissinghurst runners.

Looking forward to next year,

Mrs Saxby.





## **Odd Socks Day at Sissinghurst! - 10th November**

Get ready to celebrate **Odd Socks Day** on **Monday, 10th November!**

Join us in showing that being different is something to be proud of — simply wear your **odd socks** for the day!   Let's make it a fun and colourful day together!



**ANTI-BULLYING ALLIANCE** With the support of **Andy and the Odd Socks**

This **ANTI-BULLYING WEEK** we are holding

**ODD SOCKS DAY** on **MONDAY 10<sup>TH</sup> NOVEMBER 2025**

**Odd Socks Day** Come to school wearing your odd socks to celebrate what makes us all unique!

If you're worried about bullying you can speak to ...

**#OddSocksDay**  
**#AntiBullyingWeek**  
**#PowerForGood**

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**ANTI-BULLYING ALLIANCE** **POWER FOR GOOD** **Andy and the Odd Socks**

FOUNDED BY PARTNERED WITH



## Twitter/X

Do follow us on Twitter/X @sissinghurstva to keep up to date on all the exciting activities/lessons the children are taking part in. Here are a couple from last week:

The children love reading with Pickles.



Year 6 enjoyed a superb day in Canterbury yesterday visiting the Cathedral and the museum. They were great ambassadors for the school:







# Supporting young people online

Information and advice for parents and carers



## The internet – an inspiring and positive place

The internet is an amazing resource which enables children and young people to connect, communicate and be creative in a number of different ways, on a range of devices. However, the internet is always changing, and being able to keep up to date with your children's use of technology can be a challenge. You may sometimes feel that your child has better technical skills than you do, however children and young people still need advice and protection when it comes to managing their lives online. Issues that your child may encounter on the internet will vary depending on their age and online activities. We have grouped potential online risks into these 4 categories.

### Conduct:

Children need to be aware of the impact that their online activity can have on both themselves and other people, and the digital footprint that they create on the internet. It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information that they may have posted. When using the internet, it's important to keep personal information safe and not share it with strangers. Encourage your child to be respectful and responsible when communicating with others online, and to consider how what they share may reflect on them. Discuss with your child the importance of reporting inappropriate conversations, messages, images and behaviours and how this can be done.

### Content:

Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social networks, online games, blogs and websites. It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias. Children may need your help as they begin to assess content in this way. There can be legal consequences for using or downloading copyrighted content, without seeking the author's permission.

### Contact:

It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them. Regularly reviewing friends lists and removing unwanted contacts is a useful step. Privacy settings online may also allow you to customise the information that each friend is able to access. If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person, it's vital that you report it to the police via the Child Exploitation and Online Protection Centre [www.ceop.police.uk](http://www.ceop.police.uk). If your child is bullied online, this can also be reported online and offline. Reinforce with your child the importance of telling a trusted adult straight away if someone is bullying them or making them feel uncomfortable, or if one of their friends is being bullied online.

### Commercialism:

Young people's privacy and enjoyment online can sometimes be affected by advertising and marketing schemes, which can also mean inadvertently spending money online, for example within apps. Encourage your child to keep their personal information private, learn how to block both pop ups and spam emails, turn off in-app purchasing on devices where possible, and use a family email address when filling in online forms. Make your child aware of scams that may seek to gain access to their accounts, and advise them to be wary in following links or opening attachments in emails that appear to be from organisations such as banks and service providers.

There are real advantages in maintaining an open dialogue with your child about their internet use. Not sure where to begin? These conversation starter suggestions can help.

- 1 Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
- 2 Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- 3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
- 4 Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
- 5 Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

Find out more ways of starting a conversation about online safety at [www.childnet.com/have-a-conversation](http://www.childnet.com/have-a-conversation)

#### What can I do right now?

- Maintain an open dialogue with your child and encourage them to talk to you about their internet use: for example who they're talking to, services they're using, and any issues they may be experiencing.
- Create a family agreement to establish your children's boundaries, and your expectations, when on the internet. A template agreement can be found at [www.childnet.com/Have-a-conversation](http://www.childnet.com/Have-a-conversation)
- Give your child strategies to deal with any online content that they are not comfortable with – such as turning off the screen, telling an adult they trust and using online reporting facilities.
- Consider using filtering software to block unwanted content. In addition to filtering, remember that discussion with your child, and involvement in their internet use, are both effective ways to educate them about the internet.
- Encourage your child to 'think before you post.' Online actions can impact not only yourself but the lives of others. Content posted privately online can be publicly shared by others, and may remain online forever.
- Understand the law. Some online behaviour may break the law, for example when downloading or sharing content with others. Be able to recommend legal services.
- Familiarise yourself with the privacy settings and reporting features available on popular sites, services and apps.
- If your child is being bullied online, save all available evidence and know where to report the incident, for example to the school, service provider, or the police if the law has been broken.
- Familiarise yourself with the age ratings for games and apps which can help to indicate the level and suitability of the content. Also see if online reviews are available from other parents as these may be helpful.
- Set up a family email address that your children can use when signing up to new games and websites online.
- Encourage your child to use nicknames (where possible) instead of their full name online, to protect their personal information, and create strong passwords for every account.

Sign up to our Childnet newsletter at [www.childnet.com](http://www.childnet.com).

Help make sure that your children know how to stay safe online, by using our SMART Rules for primary aged children, or 6 Tips for Teens.

#### SMART Rules for primary aged children:

**S Select:** Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too.

**M Meet:** Do not meet up with someone you only know online, even a friend of a friend, as they are still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/ videos of you then tell an adult straight away and report them together on [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**A Accepting:** Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) and do not accept something if you are unsure who the person is or what they've sent you.

**R Reliable:** You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. Always compare 3 websites, check in books and talk to someone about what you find online.

**T Tell:** Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. You could talk to a teacher, parent, carer or a helpline like **Childline 0800 11 11**.

**Heart:** Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

#### 6 Tips for Teens:

**1 Protect your online reputation:** use the tools provided by online services to manage your digital footprints and 'think before you post.' Content posted online can last forever and could be shared publicly by anyone.

**2 Know where to find help:** understand how to report to service providers and use blocking and deleting tools. If something happens that upsets you online, it's never too late to tell someone.

**3 Don't give in to pressure:** if you lose your inhibitions you've lost control; once you've pressed send you can't take it back.

**4 Respect the law:** use reliable services and know how to legally access the music, film and TV you want.

**5 Acknowledge your sources:** use trustworthy content and remember to give credit when using other people's work/ ideas.

**6 Be a critical thinker:** not everything or everyone is trustworthy; think carefully about what you see and experience on sites, social media and apps.



UK Safer  
Internet  
Centre



Co-financed by the European Union  
Connecting Europe Facility

Further advice and resources: [www.childnet.com](http://www.childnet.com) [www.saferinternet.org.uk](http://www.saferinternet.org.uk) Copyright ©2018 Childnet International



# Tunbridge Wells Family Hubs Timetable

27 October - 19 December 2025

### Our Family Hubs:

**Sherwood**  
03000 418059  
Friars Way  
Tunbridge Wells  
TN2 3UA  
TWFamilyHub@kent.gov.uk

**Tunbridge Wells**  
03000 418059  
39A Grove Hill  
Tunbridge Wells  
TN1 1SD  
TWFamilyHub@kent.gov.uk

**Cranbrook Outreach**  
03000 418059  
Carriers Road  
Cranbrook  
TN17 3JZ  
TWFamilyHub@kent.gov.uk

All of our groups and services are free to attend

<b>Monday</b>	<b>Tunbridge Wells Baby Group</b> 10:30am-11:30am weekly drop-in	<b>Sherwood Talking Walk-in</b> 9:30am-11:30am (3rd Monday of each month)	<b>Tunbridge Wells Compass</b> Ages 11-19 4:00pm-5:30pm weekly <i>Referral only</i>	<b>Virtual Session Parent JAG</b> for parents of children aged 11+ 6:30pm-7:30pm weekly
<b>Tuesday</b>	<b>Sherwood The Communication Tree</b> 11:30am-12:30pm 4 week course	<b>Tunbridge Wells Young Parents Stay &amp; Play</b> 11:00am-1:00pm weekly drop-in	<b>Tunbridge Wells Baby Massage</b> 2:00pm-3:00pm 5 week course	<b>Tunbridge Wells Time to Shine Seniors</b> Ages 75+ 4:00pm-5:30pm weekly <i>Invite only</i>
<b>Wednesday</b>	<b>Sherwood Healthy Child Clinic and infant feeding support</b> 9:30am-11:30am weekly drop-in	<b>Woodlands Health Centre, Padlock Wood Healthy Child Clinic and infant feeding support</b> 9:30am-11:30am weekly drop-in	<b>Sherwood Strengthening Family Relationships</b> 9:30am-12:30pm Workshop	<b>Sherwood Little Talkers</b> 1:00pm-2:00pm 6 week course
<b>Thursday</b>	<b>Cranbrook Outreach Healthy Child Clinic and infant feeding support</b> 9:30am-11:30am weekly drop-in	<b>Sherwood Baby Massage</b> 9:30am-10:30am 5 week course	<b>Sherwood Baby Group</b> 10:30am-11:30am weekly drop-in	<b>Cranbrook Outreach Stay &amp; Play with Little Bookworms</b> 1:15pm-2:45pm weekly drop-in
<b>Friday</b>	<b>Sherwood Stay &amp; Play with Little Bookworms</b> 9:30am-11:30am weekly drop-in	<b>Cranbrook Outreach Baby Group</b> 10:30am-11:30am weekly drop-in		<b>Tunbridge Wells Speak Out</b> Ages 11-19 3:00pm-5:00pm last Wednesday of each month <i>Invite only</i>
<b>Monthly</b>				

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

## Information

**WEEKLY GROUPS**  
NO BOOKING REQUIRED

**Baby Group**  
Weekly drop-in Session  
Sessions include sensory play, heuristic play and singing, plus a chance for parents and carers to meet and receive advice and support and for babies to socialise with other babies.  
Session age: newborn to walking

**Young Parents Stay and Play**  
Weekly drop-in Session  
For young parents (U21 or U25 if SEND) to try different activities for early learning goals, including messy play, role play and arts and crafts.  
Sessions finish with story time and singing.  
Session age: 0-5 years

**Stay and Play with Little Bookworms**  
Weekly drop-in Session  
Our themed play session with a wide range of activities for parents/carers and their children to enjoy together. Including free book packs from Bookstart with tips and guidance on reading.  
Session age: 0-5 years

**DCSM Locations Engagement Bus**  
Drop-in Sessions  
*NOT last Wednesday of the month*  
Come along and meet the team, have a chat and enjoy an engaging activity.  
Advice and support always available.  
For young people aged 11-19

**WEEKLY GROUPS**  
BOOKING REQUIRED

**Time to Shine Seniors SEND**  
Weekly Group (INVITE ONLY)  
Wednesdays (rolling programme) at Tunbridge Wells  
A small bookable group for young people with neurodivergent needs. The group helps children build skills to thrive in a neurological world.  
Session age: 12 years and above

**Parent JAG**  
Information and Guidance  
Weekly VIRTUAL slot  
Raising a teenager is challenging. Arrange a conversation with a Family Hub worker for one-to-one support and advice.  
For parents/carers of young people aged 11+

**Compass**  
Weekly Group (REFERRAL ONLY)  
A weekly wellbeing programme and social group for young people based on Dialectical Behaviour Therapy skills (DBT)  
For young people aged 11-19

**Speak Out**  
Monthly Group (INVITE ONLY)  
Speak Out is all about empowering young people, whether you're already a Youth Peer Mentor or thinking about becoming one. The group gives you the chance to help shape youth-led projects, support district youth forums, and even get involved in recruiting new staff for KCC. It's a great way to make your voice heard and help drive positive change in your community.  
For young people aged 11-19

**COURSES/WORKSHOPS**  
BOOKING REQUIRED Please email: TWFamilyHub@kent.gov.uk

**Little Talkers**  
6 Week Course  
Starting: 29 October at Sherwood  
A course for parents/carers and their children, to learn new techniques and useful hints and tips for developing your child's speech. During the sessions there will be some focused 'fun' activities for you to do with your child, as well as some group time to improve listening skills and turn taking.  
Session age: 2-5 years

**Strengthening Family Relationships Workshop**  
Workshop: 29 October at Sherwood  
This workshop is to improve the lives of children whose parents are in conflict, be that in an intact family, or separated. Learn new strategies that can be implemented at home.  
Suitable for all parents/carers

**Baby Massage**  
5 Week Course  
Starting: 6 Nov at Sherwood 11 Nov at Tunbridge Wells  
A five week course where you will learn massage techniques to support bonding and physical aspects of baby development.  
Suitable for babies from 8 weeks to pre-crawling

**The Communication Tree**  
4 Week Course  
Starting 4 November at Sherwood  
Looks at the different ways children communicate and will teach techniques to encourage communication by looking at activities and strategies you can do at home with your child.  
Suitable for parents/carers of children aged 2-5 years

Free for 2 Some 2 year olds can get up to 15 hours of free childcare per week!  
For more information and how to apply:

Are you eligible for Healthy Start Vitamins?  
Complete this form to order Vitamins to your door:

**Child Health Clinic & Infant Feeding Support**  
Weekly drop-in Sessions  
A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Infant feeding information, advice and support is also available.  
Please arrive 15 minutes before the end of the clinic.

**Talking Walk-in**  
2nd Monday of each month  
A play-based drop-in session where you can speak to a speech and language therapist if you are concerned about your pre-school child's speech, language or communication skills.  
Session age: pre-school children

**Twins & Multiple Birth Group**  
2<sup>nd</sup> and 4<sup>th</sup> Monday of each month 9:30-11:30am at Sherwood  
Run by TN Twins. A Stay & Play session for families with twins or multiple births.  
email: info@TNtwins.uk  
Session age: 0-5 years

**Family Carers Support Group**  
1st Wednesday of each month 10.00-12.00pm at Tunbridge Wells Family Hub  
For carers with 'Special Guardianship Orders' or informal fostering arrangements. Run jointly by Kinship Carers and KCC Special Guardians & Therapeutic Fostering Support Team.  
For more information call: 03000 418059

**Kent Adult Education**  
Courses throughout the year  
We work closely with Adult Education who have a great selection of courses available, these are promoted on our social media platforms.  
Your Health Visitor/Family Support Worker and other professionals are able to make referrals for you to attend other appropriate courses held within our Family Hubs and on-line, please contact us for more information.

Useful Contact Numbers:  
Health Visitor: 0300 7900 243 Midwife: 01892 638 458

@TunbridgeWellsFamilyHubs @TunbridgeWellsFamilyHubs11to19

www.kent.gov.uk/familyhub



## Parents' Guide to Starting the Smartphone Journey Safely

**1. Limit Early Screen Habits**

*Avoid using your own phone as entertainment:* Handing your phone or iPad to a young child can create habits of expecting constant screen access.

*Offer real-world alternatives:* Encourage play, reading, drawing, or outdoor time instead.

*Model balance:* Let your child see you putting your phone down and engaging in other activities.

**2. Delay the First Smartphone if Possible**

*Does your child really need a phone yet?* The longer you wait, the more time your child's brain has to develop naturally.

*Consider maturity:* The frontal cortex – the part of the brain responsible for decision-making and impulse control – is not fully formed until adulthood. Is your child ready to make adult decisions?

*Talk openly:* Explain to your child that waiting helps them build healthy habits and confidence before taking on online responsibilities. Remind them that you are the decision maker in your home and it doesn't matter if other parents make different decisions.

**3. Explore Alternatives Before a Smartphone**

*Start with a basic phone:* Choose a 'brick' phone so your child can contact you without apps, games, or social media.

*Try shared devices:* Let them use a family tablet or computer in shared spaces, so you can guide them while they learn.

*Set time limits:* Keep tech in balance – phone-free meals, outdoor play, and offline hobbies matter just as much as connection with friends.

**4. Prepare Together Before Buying**

*Research together:* Look at different phone types and discuss what's appropriate for their age and needs.

*Agree on purpose:* Is it for safety, school work or socialising? Knowing the 'why' helps set clear boundaries.

*Create a family media plan:* Write down agreed screen times, bedtime rules, and how to handle social media or gaming. Ensure the plan is in place before any phone shopping occurs.

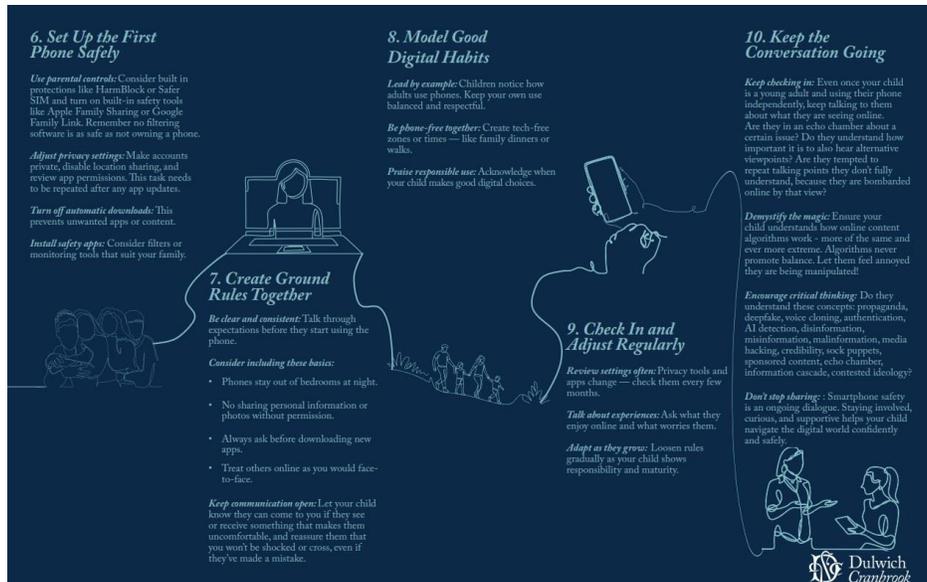
**5. Adopt the Right Mindset: The Phone is a Tool, Not a Toy**

*Don't give the phone as a gift:* Avoid presenting the first phone as a birthday or Christmas present. This can make a child feel they own it.

*Keep ownership with the parent:* Frame it as a family tool the child can use responsibly – like borrowing the family car or cooking in the oven.

*Reinforce shared responsibility:* The child uses it, but parents oversee safety, maintenance, and rules.





🎮 Staplehurst Youth Club is Back – Now with Two Sessions! 🎮

Address: High Street, TN12 0BJ

Every Monday

Due to popular demand, we're now running two sessions:

3.30pm – 5.00pm for Year 6

5.00pm – 6.30pm for Year 7 and above 🌟

FREE Entry – Everyone welcome!

Come along, bring your friends, and be part of something great.

YMCA WEST KENT  
PART OF YMCA THAMES VALLEY DISTRICT

YMCA

Here for young people  
Here for communities  
Here for you

# YOUTH CLUB

LORDING  
BOARDS FUN

FREE  
FOR CHILDREN  
IN YEAR 6

**Staplehurst Youth Club**  
**High Street, TN12 OBJ**

Every Monday 3.30pm - 5pm

Activities include:

- > Sports and team games
- > Cooking activities
- > Arts and crafts activity
- > Board/card games
- > Music and Movies

Toast, spread and squash available

For more information, contact [bethkemp@ymcatg.org](mailto:bethkemp@ymcatg.org)



YMCA

Here for young people  
Here for communities  
Here for you

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

CAREY & YOUTH WORK

HEALTH & WELLBEING

HOUSING

TRAINING & EDUCATION

SUPPORT & ADVICE

YMCA WEST KENT  
PART OF YMCA LEARNING LEISURE GROUP

YMCA  
Here for young people  
Here for communities  
Here for you

**YOUTH** LOADING  
**CLUB** REVEAL FUN

**FREE**  
FOR CHILDREN  
YEAR 7+

**Staplehurst Youth Club**  
High Street, TN12 OBJ

**Every Monday**  
5pm - 6.30pm

**Activities include:**

- > Sports and team games
- > Cooking activities
- > Arts and crafts activity
- > Board/card games
- > Music and Movies

**Toast, spread and squash available**

**For more information, contact [bethkemp@ymcatg.org](mailto:bethkemp@ymcatg.org)**

**YMCA** Here for young people Here for communities Here for you  
YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and engaging communities, where young people can truly belong, contribute and thrive.

FAMILY & YOUTH WORK HEALTH & WELLBEING HOLDINGS TRAINING & EDUCATION SUPPORT & ADVICE

## News & Events

For upcoming local events in the parish of Cranbrook & Sissinghurst:

<https://cranbrookandsissinghurstpc.co.uk/whats-on/upcoming-events/>

Sign up to receive 'Be In The Know' emails from the parish council:

<https://cranbrookandsissinghurstpc.co.uk/>

Or follow the Parish Council Facebook page

<https://www.facebook.com/CranbrookandSissinghurstPC>

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**Sissinghurst (VA) Church of England Primary School**

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