

Online Safety for Parents & Carers



Stay safe online

Aims....

- To consider what children and young people are *actually* doing online
- To explore some of the issues surrounding online safety – risks and benefits – the different types of risk...
- To provide some possible solutions



“There are three
ways to get
something done; do
it yourself, hire
someone
or forbid your kids
to do it”

Mona Crane



What is Online Safety?

Keeping our children safe online

- not about restricting them but educating them
- being educated ourselves how to help



Q= What is the Digital Divide?



Where's Klaus

<https://www.youtube.com/watch?v=i4GKXsAOYZE>

How much do you know?



How do we use the internet?

What are the benefits?

- Global
- Learning
- **Fun!**
- Communication
- Friendships and Community
- Shopping
- Accessible 24/7 and quick!

What are the risks?

Content

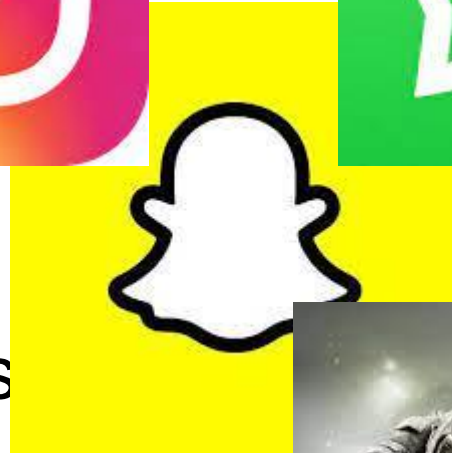
Contact

Conduct



What are children doing on the Web?

Blogging
Sharing music
Social networking
Gaming
Messaging
Commenting on others' sites
Personalising their own page
And more...



[https://www.internetmatters.org/
resources/apps-guide/](https://www.internetmatters.org/resources/apps-guide/)

**internet
matters.org**



Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



[Make a report](#) 

Is my child too young to have a social media account?

- Help set up their profile safely
- Add your email as the main contact (if possible)
- Set the privacy settings to “friends” only and ensure they are children you know
- Discuss the possible risks and boundaries
- Check in, discuss the risks and keep updated



Cyberbullying



What is Cyberbullying?

The same as bullying but via a device or social media account (not face to face necessarily)

If serious, known as child on child abuse

Advice for Parents

Be careful about denying access to technology

Be aware your child is as likely to be a bully as a victim

Discuss how to be a good online friend

Report the bullying:

- Service provider
- School
- Police

Keep screenshots

What's the biggest risk...



...that'll you only think of the risks and forget the benefits!

Follow the **Golden** Rules

Ground Rules

Online Safety

Location

Dialogue

Parental Controls

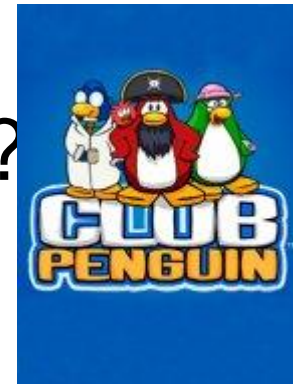
- Can help:
 - Block sites that are not age appropriate
 - Limit inappropriate and illegal material
 - Set timings – automatic switch off at bedtime
 - Monitor activity
- Apply to laptops, devices, computers, mobile phones and games consoles
- But remember no filtering or control is 100%



Always Consider

Do you know?

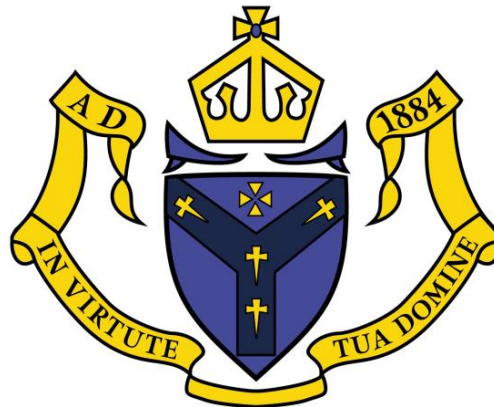
- How these sites or technologies work?
- Is there a section for parents/carers?
- How do you report a problem?
- Can it be made private?
- Are there parental controls?



Where can I go for more help?

Our website – easy links

<https://www.sissinghurst.kent.sch.uk/page/?title=Internet+Safety&pid=71>



www.thinkuknow.co.uk/parents



I would like advice on...



[Home](#)

[Get advice](#)

[Concerned about your child?](#)

[How to get help](#)

[Home Safety Activities](#)

[#AskTheAwkward](#)

Help your children get the most out of the Internet

I'm concerned about my child

➤ [I'm concerned about my child](#)

Reporting an incident to CEOP

➤ [Reporting an incident to CEOP](#)

I'd like information and advice on keeping my child safe

➤ [I'd like information and advice on keeping my child safe](#)

Back



Home



Badges



Videos



Grown ups



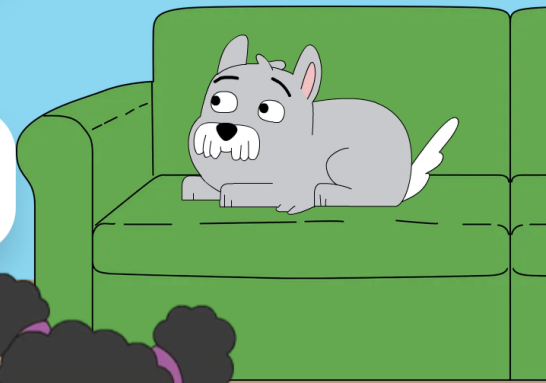
Worried about something?

Hi Everyone!



I am Jessie. I love being online!

My friends Tia and Mo are here to help us collect badges as we learn and play.





I would like advice on...



[Home](#)

[Get advice](#)

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[How to get help](#)

[Home Safety Activities](#)

[#AskTheAwkward](#)



Band Runner is a fun interactive game that helps 8-10 year olds learn how to stay safer from risks they might encounter online.



Sissinghurst

687 posts



Sissinghurst

@sissinghurstVA

📍 Kent 🌐 sissinghurst.kent.sch.uk 📅 Joined Mar

245 Following 133 Followers

Posts

Replies

Highlights



Pinned



Sissinghurst @sissinghurstVA · Sep 22

Can you help us at all? We would love to hear



You reposted

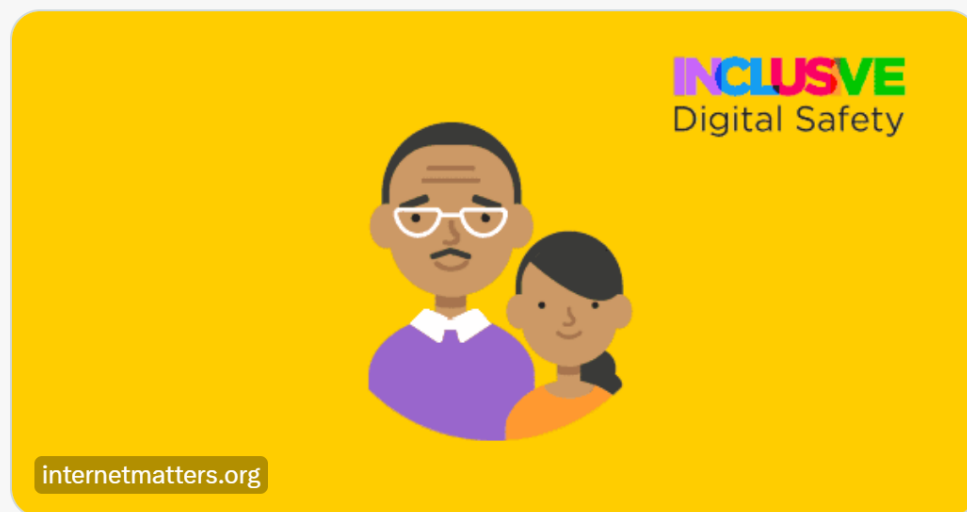


Internet Matters @IM_org · Oct 5

If your child has additional needs such as [#autism](#) or [#ADHD](#), they might need extra support in areas of [#onlinesafety](#).

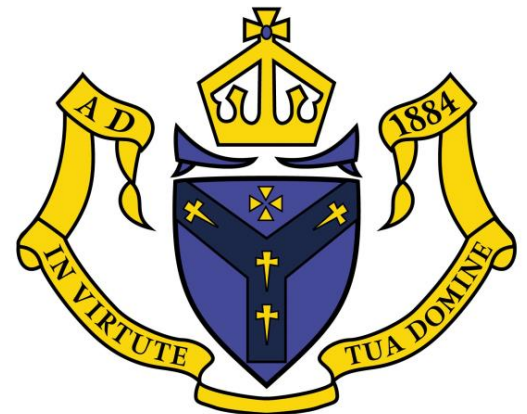
Our Inclusive Digital Safety provides insight into the support [#neurodiverse](#) children might need online 📌

bit.ly/3XI04Mx [#parents](#) [#digital](#)



Summary

- Talk to you child: Get involved and learn together. Make sure they know they can come to you if they are worried
- Have family rules/boundaries for safer use e.g. who to add as friends and privacy settings
- Use support from the school, useful websites and other parents



Any questions?

